

# Sacred Heart RC Primary School



Headteacher: Mrs S. Walker  
Knutsford Road, Gorton, Manchester, M18 7NJ  
Telephone – 0161 223 0231 Fax – 0161 223 0367  
[admin@sacredheart-jun.manchester.sch.uk](mailto:admin@sacredheart-jun.manchester.sch.uk)  
[www.sacredheartschool-gorton.org.uk](http://www.sacredheartschool-gorton.org.uk)



*‘Where Every Heart is Sacred’*

7<sup>th</sup> September 2018

Dear Parents and Carers

Following last year’s successful presentation delivered to parents by the Wellgroup Community Ltd, I am writing to inform you that John Pommells and Damian O’Reilly MBE will soon be returning to school to deliver a specially designed 6 week Health and Well Being Programme to the children in Class 8.

The programme is intended to develop children’s understanding of how they can take responsibility for their own physical and mental health and grow into fit, successful adults with high self esteem.

You are all warmly invited to school on **14<sup>th</sup> September at 2.15pm when John and Damian will present an overview for parents** about the content of the programme. It is vital that all parents are aware of the content of the programme so that you can support your child on their journey.

I look forward to seeing you or a representative on Friday at 2.15pm. There will be a raffle prize of a £20 Tesco voucher and one free raffle ticket to all attendees arriving on time. Please return the slip below on Monday 10<sup>th</sup> September.

Yours faithfully,

S. Walker  
Headteacher

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Please circle as appropriate and return to school

I will / will not be attending the presentation on 14<sup>th</sup> September at 2.15pm

Child’s name \_\_\_\_\_ Parent Name \_\_\_\_\_

