



Friday 23<sup>rd</sup> November

*Saint  
of The Day*



Prayer

Dear Lord Jesus,  
St. Clare and her nuns feared nothing because  
You were with them.  
I am not afraid of anything because God is with  
me!  
Amen.

St. Clare of Assisi (1194 - 1253) lived in the same town as St. Francis and had often heard him preach. Soon she imitated him and left everything to serve Jesus. She founded the 'Poor Clares', an order of nuns who lived simply, ate little and kept silent most of the time. Once, when invaders threatened to plunder their convent, St. Clare brought Jesus in the Eucharist to the convent walls and the invaders fled in fear! Her feast day is on 11 August.