

Sacred Heart RC Primary School



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‘Where Every Heart is Sacred’

28th February 2020

Dear Parents and Carers,

You will be aware of the outbreak of novel coronavirus, COVID-19, in China and the subsequent confirmed cases in other countries including the UK. At Sacred Heart School, we take the health and safety of our pupils and staff very seriously, so we are sharing guidance from Public Health England (<https://www.publichealth.hscni.net/news/covid-19-coronavirus>) on steps you should be taking.

There is currently no cause for concern at the school, but we will keep you informed about any developments and ensure we are keeping the school clean to prevent the spread of any virus.

Prevent the spread of infection

Make sure you and your children follow these general principles to prevent spreading any respiratory virus:

- Wash your hands often – with soap and water for at least 20 seconds, or an alcohol-based sanitiser if soap and water aren't available
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick If you feel unwell, stay at home and don't attend work or school
- Cover your cough or sneeze with a tissue, then throw the tissue in a bin
- Clean and disinfect frequently touched objects and surfaces in the home
- If you're worried about your symptoms, please call NHS 111 – don't go directly to your GP or other healthcare environment



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If you have recently returned from the specified countries, look out for the following symptoms:

- Cough
- Difficulty in breathing (a temperature of 38 degrees C or higher)
- Fever

In the case of an emergency, call 999 and tell them which country you have returned from in the past 14 days. If you are unwell, but it's not an emergency, call NHS 111 and tell them which country you have returned from in the past 14 days. Whilst you wait for further advice, avoid contact with others and do not travel while sick.

Please click this link for further information on specified countries:
[https://www.gov.uk/government/publications/covid-19-specified-countries-and-areas.](https://www.gov.uk/government/publications/covid-19-specified-countries-and-areas)

Yours faithfully,

S. Walker
Headteacher

