

#### Sacred Heart RC Primary School 'Where Every Heart is Sacred' Newsletter 3<sup>rd</sup> February 2023



#### **World Book Day**

It will be World Book Day on Thursday 2<sup>nd</sup> March and we will be celebrating together in school. We know that reading for pleasure is the single biggest indicator of a child's future success and so we really want to promote the love of reading by inviting children to come to school dressed as their favourite book character. Over the next three weeks, it could be worthwhile reading favourite books as a family so your child can choose their favourite book character and plan ahead!



#### Mental Health Week.

Next week is Children's Mental Health Week. The theme this year is "Let's Connect" and we will be encouraging the children to connect with others in healthy, rewarding and meaningful ways. They will also be participating in a range of mindfulness activities throughout the week and focusing on the positive aspects in their own life.

There are lots of resources available for families to engage with during Mental Health Week too...... just click <u>here</u>.

# Looking for free practical advice to help you support your child?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour.

parentingsmart.org.uk @

#### **Class 5 Healthy Greek Food**

Class 5 are learning about the principles of a healthy and varied diet. They had great fun making their very own Greek salad and using lots of different cutting utensils.













Keep Our Children Safe
SHOW YOU CARE –STOP AND PARK ELSEWHERE

## NO STOPPING

NOT ONE MINUTE NOT 10 SECONDS NOT AT ALL!

PLEASE DO NOT STOP OR PARK on Knutsford Road opposite the school or outside the school between the hours of 8am and 5pm as clearly marked on the yellow signs on either side of the road.





















#### **Super Stars of the Week**







**Nursery** Farah – Showing beautiful kindness to others and always ready to help.

Reception Amber – Amazing effort in all areas. Grace Super effort in maths and making lots of progress.

Class 1 Ola - Super hard work in Class 1. We wish him lots of luck in his new home and school. **Layla C** – Excellent effort in phonics lessons and super phonics homework.

<u>Class 2</u> Aaron and Ayden - Excellent division and multiplication work.

Class 3 Jeremy - 100% score on his phonics test. Dipo – A fantastic attitude towards learning.

<u>Class 4</u> Renny - Excellent inference skills. **Dominic** Fabulous literacy work this.

Class 5 Ravine - Excelling in phonics work this week. Ella Incredible investigation skills in Science.

Class 6 Gelilla – Bringing joy o the classroom and always participating in lessons with enthusiasm.

Dieko - Wonderful teamwork in RE.

Class 7 Tiffany - Excellent fractions work in maths.

Daniel - Brilliant balanced discussion based on the novel Journey to Jo'Burg.

Class 8 Antonio - Fantastic progress especially in maths. Zuriel - A conscientious learner completing all homework

Class 9 Jamie - A dedicated sports leader. Evan - Super confidence and independence this week.

#### **Safer Internet Day**

Tuesday 7<sup>th</sup> February will be Safer Internet Day and we will be joining forces with millions across the globe to reflect on how children are protected, empowered and respected when they go online. We want to contribute to shaping the future and ensure a safer, and more positive online experience for young people.



Coordinated by the UK Safer Internet Centre

saferinternetday.org.uk

#### **Super Reading Awards 03.02.23**

#### **Silver Trophy Winners**

Class 5 for reading 83,647 and passing 51 quizzes.

#### **Gold Trophy Winners**

Class 7 for reading 372,573 and passing 42 quizzes.







#### Class Attendance Winners 03.02.23

CLASS 6 and 7 achieved an amazing 98% attendance this week.

**CONGRATULATIONS** 



#### Read with Your Child for 10 Minutes a Day

Research shows that reading helps to:

- Improve memory and concentration
- Escape pressures of everyday life
- Connect with your feelings
- Improve self confidence







#### Lunch Menu 06.02.23 to 10.02.23

#### Sacred Heart R.C. **Primary School**

### Winter Spring



Times y concer		Menu 2023			A.
Week 3	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Meal Choices Halal & Vegetarian	Margherita Pizza with Seasoned Diced Potatoes & Corn on the Cob	Chicken Curry with Half & Half Rice & Naan & Broccoli	Spaghetti Bolognaise with Carrots	Sticky BBQ Chicken with Rice & Sweetcorn	Tempura Salmon & Sweet Potato Fishcake with Mashed Potatoes & Peas
Options Available	Cheesy Broccoli Pasta Bake with Mixed Salad	Quorn Frankfurter Hotdog with Baked Wedges & Broccoli	Veggie Balls in Gravy with Saute Potatoes & Carrots	Filled Jacket Potato with Seasonal Salad	Cheese & Onion Quiche with Mashed Potatoes & Peas or
	Jacket Potato Selection with Salad	Hot Chicken Tikka Wrap or Hot Panini with Side Salad	Sandwich Selection with Homemade Sides	Sandwich Selection with Homemade Sides	Salad Pasta & Sauce with Side Salad
Second Course	Dessert Whip	Ice Cream Roll	Ice Cream Tub	Jelly & Fruit	Homemade Desser



















