



Children's Mental Health Week

The children have thought very carefully this week about their own mental wellbeing and that of others. They have been considering strategies to use to ensure good mental health. Every child has written their positive thoughts and shared them with others; there's been such a happy, thoughtful vibe around school.



World Book Day

It will be World Book Day on Thursday 2nd March and we will be celebrating together in school. We know that reading for pleasure is the single biggest indicator of a child's future success and so we really want to promote the love of reading by inviting children to come to school dressed as their favourite book character. Over the next three weeks, it could be worthwhile reading favourite books as a family so your child can choose their favourite book character and plan ahead!



Super Science in Class 8

In Science, Class 8 have been learning how the Earth's rotation causes night and day. They used oranges, metal straws and torches to create interactive models demonstrating this.



Class 4 Reconciliation

Class 4 had a wonderful day at the Marist Centre today learning about reconciliation. They spoke about the importance of saying sorry and showing forgiveness



Keep Our Children Safe

SHOW YOU CARE -STOP AND PARK ELSEWHERE



PLEASE DO NOT STOP OR PARK on Knutsford Road opposite the school or outside the school between the hours of 8am and 5pm as clearly marked on the yellow signs on either side of the road.

Super Stars of the Week



Nursery Benedykt - Excellent name writing,

Reception Samuel - Excellent investigation and questioning skills in the outdoor learning areas.

Class 1 Layla T - A beautiful attitude in school. She is kind and caring to all of her classmates. **Ehinomhen** - Super effort in every lesson, resulting in outstanding progress.

Class 2 Dumebi and **Carol** - Always showing kindness to adults and children in Class 2.

Class 3 Sochi Excellent participation in music. **Zion** - Always being polite and using his manners.

Class 4 Gift - Fantastic behaviour. She represented school beautifully on the trip to the Marist Centre.

Aaliyah - Always spreading positivity around the classroom with energy and smiles.

Class 5 Buddy - Excellent planning of Greek Myth in literacy. **Emily** - Amazing use of method and strategies in maths.

Class 6 Quest - Fabulous gymnastics and superb effort. **Kathrin** - Marvellous maths work.

Class 7 Joshua - Excellent netball skills. **Olivia** - A wonderful 'Dig for Victory' WWII campaign poster.

Class 8 Kai - An improved attitude towards learning. He created a fantastic propaganda poster in the history lesson.

Noah - Amazing work on decimals and a great understanding of place value.

Class 9 Noyo - A reading champion and sharing a fantastic novel with the class. **Iyanu** - Excellent effort and attainment in maths.

Super Reading Awards

Silver Trophy Winners

Class 5 for reading 83,647 and passing 51 quizzes.

Gold Trophy Winners

Class 7 for reading 372,573 and passing 42 quizzes.



Class Attendance Winners 10.02.23

CLASS 8 achieved an amazing **97%** attendance this week.

CONGRATULATIONS



Read with Your Child for 10 Minutes a Day

Research shows that reading helps to:

- Improve memory and concentration
- Escape pressures of everyday life
- Connect with your feelings
- Improve self confidence



Please pray for those suffering in Northern Syria and Turkey following the devastating earthquake this week.

Loving Lord,
for those who have died,
give them eternal rest
for those who are bereaved,
comfort and console them
for those who are hurt,
heal and strengthen them.

Lord God, enable us to help
our suffering brothers and sisters
in whatever way we can.

Heavenly Father
be with us now and always.

Amen.

Diana Sutherland



Lunch Menu 13.02.23 to 17.02.23

Sacred Heart R.C.
Primary School

Winter Spring
Menu 2023



Week 1	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Meal Choices	Margherita Pizza with Baked Jacket Wedges & Broccoli	Homemade Curry with Rice & Vegetable Medley	Roast Dinner with Roast Potatoes, Yorkshire Pudding & Carrots	Lasagne with Corn on the Cob	Fish Goujon Wrap with Lemon Mayo, Chips & Peas
Halal & Vegetarian Options Available	Veggieballs in Creamy Masala Sauce with Rice & Broccoli	Mediterranean Shells with Vegetable Medley	Veggie Burrito with Mixed Salad	Quorn Bolognese with Pasta & Corn on the Cob	Quorn Cheese Burger in a Bun with Chips & Peas
	Pasta & Sauce with Broccoli or Salad	Hot Chicken Tikka Wrap or Hot Panini with Side Salad	Sandwich Selection with Homemade Sides	Sandwich Selection with Homemade Sides	Jacket Potato Selection with Side Salad
Second Course	Iced Smoothie	Ice Cream Roll with Fruit	Butterscotch Dessert with Fruit	Jelly & Fruit	Homemade Dessert

Salad Bar, Fresh Fruit Salad, Yoghurt, Cheese & Crackers, Water, Semi-Skimmed Milk & Bread Basket Available Daily

