Sacred Heart RC Primary School



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'Where Every Heart is Sacred'

Monday 15th May 2023

Dear Parents and Carers,

As you know, further to our consultation regarding the new statutory curriculum subject, Relationship and Health Education, our school decided to adopt the programme 'Life to the Full', produced by the Catholic educational organization 'Ten Ten Resources'.

The Life to the Full programme is based on the structure of 'A Model Catholic RSE Curriculum' by the Catholic Education Service. This model curriculum was highlighted as a work of good practice by the Department of Education so we therefore have confidence that the programme will be fit for purpose in supporting the growth and development of your child.

Life to the Full is much more than a series of lessons. It is an entire platform of creative resources that will engage, inform and inspire our children and, indeed, you as parents. This includes interactive video content, story-based activities, a wide range of teaching tools, original worship music and an accompanying programme of classroom prayers. The next unit children in Year 4 will be completing is Module 1, Unit 2. In Unit 2 – Me, My Body, My Health, children meet animated character, AJ, who will reappear throughout this scheme of work. In this unit, children will learn to celebrate similarities and differences, and to appreciate and look after their bodies as gifts from God. Teaching also covers specific physical and emotional changes during puberty, and that growing from boys and girls to men and women is part of God's loving plan for creation.

Life to the Full is intended to be a partnership between home, school and church. We know that you already do a fantastic job and we see our programme, Life to the Full, as a means to further develop, support and enrich the partnership between home, school and church so that your child is fully supported. If you have any questions regarding your child's RHE lessons, please do not hesitate to speak to me in person or contact me via the school office.

Parental portal link for this unit- https://www.tentenresources.co.uk/parent-portal/life-to-the-full-primary/lks2/u-2/lttf-p_pp_lks2_1-2_me-my-body-my-health/

Thank you for your continued support,

Miss McLaughlin, Mrs Carroll and Mrs Bowen. Year 4 Teachers.

















