Sacred Heart RC Primary School



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'Where Every Heart is Sacred'

Tuesday 26th September 2023

Dear Parents and Carers,

Next **Friday 6**th **October** is CAFOD's Family Fast Day. Each Autumn, CAFOD hold a fast day in which we are invited to come together as a community to fast, pray and raise funds to address issues of food and hunger around the world.

This week, as they begin their new roles, our Y6 Caritas team are asking for donations of non-perishable food items which will be donated to Manchester Central Foodbank. In exchange, children are invited to wear their own clothes instead of their school uniform on this day.

Please see the list below for items urgently needed by Manchester Central Foodbank:

- Tinned fish
- UHT milk
- Coffee
- Shower gel and soap
- Tinned fruit
- Tinned vegetables

Please bring in your non-perishable food items and send your child into school in their own clothes on **Friday 6th October** to support those in our community who are in need of our help.

Thank you for your continued support.

Yours faithfully,

Miss Wynne and the Caritas team











